

# Men's Liberty™ Instructions for Use

www.MyPelvicHealth.co.uk +44(0) 1923 23 77 95

We recommend you change the Men's Liberty once a day. Do not wear for more than 48 hours without applying a new unit.

Some men prefer to wear a leg strap, leg band or boxer briefs over the bag to help secure it to their leg.

Using Men's Liberty with a diaper or other absorbent products may increase your risk of skin irritation or infection. If redness or irritation occurs, discontinue use and consult your healthcare professional.

Any serious incident while using the device should be reported to the manufacturer and competent authority.

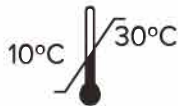
## Contraindications:

**Absolute** (When the product should not be used at all)

- Demonstrated sensitivity to hydrocolloid (rare)
- Anatomic abnormality (severe acquired hypospadias, urethral fistula, penile shaft erosions)
- Cannot retract foreskin to expose head

**Relative** (When the product can be used after healing)

- Unhealed wound at application site (wait to heal)
- Active rash at application site (wait to heal)
- Active inflammation or infection of the glans, prepuce or urethra (wait to heal)
- Purulent or bloody urethral discharge (wait to heal)



## Don't Run Out!

Call your GP to place a re-order when you have 10 units or less.

**NHS Order Code: 23046/10**

distributed in the UK by:



Authorized Representative:  
Advena Ltd. Tower Business Centre, 2nd Flr,  
Tower Street, Swatar, BKR 4013 Malta



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PART# 23046-10 LT 60010 IR

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Follow these steps for proper application:

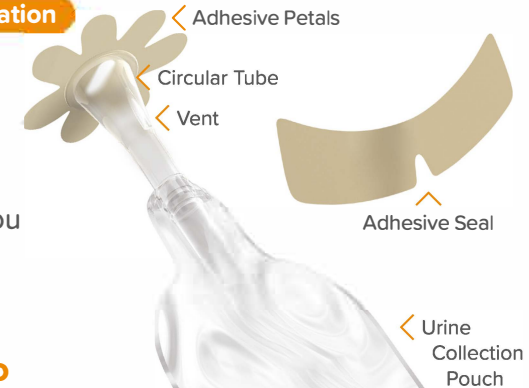
## Review Contents

- Familiarize yourself with the products to the right and review the application instructions (see inside) before applying.
- Make sure you have a **non-moisturizing** bar soap like Ivory or Simple Pure at home - do not use liquid soap.



BioPlus™ Prep Wipe

## Application



- Consider using a KindKlamp™ if you think you may experience leaking during application, you are uncircumcised or have retraction.

**Call +44(0) 1923 23 77 95 to place a private order**

## Optional Leak Prevention



KindKlamp™ Penile Clamp

## Removal

FreeDerm® Adhesive Remover



Drain Plug

- Watch the application instruction video at [MyPelvicHealth.co.uk](http://MyPelvicHealth.co.uk)

One size fits most incontinence patients

distributed in the UK by:





**Your First Few Days** As a result of using diapers or condom catheters, your skin may have a lot of moisture. Men's Liberty will soak up extra moisture until your skin returns to a normal balance. It can take up to three consecutive applications for you to get a full 24-hour wear time. Always reapply another Men's Liberty right away if one falls off. We suggest that first time users stay home the first 24 hours to ensure that Men's Liberty is applied correctly and no leaks occur. It may take up to a full week of wear-time until you are comfortable wearing Men's Liberty.

[www.MyPelvicHealth.co.uk](http://www.MyPelvicHealth.co.uk)  
**+44(0) 1923 23 77 95**



## 1. Wash & Dry

Begin by washing the head of the penis with a non-moisturizing bar soap like Ivory® or Simple®. Dry thoroughly with a cotton or paper towel. Use a KindKlamp™ to prevent leaking during washing if necessary. **Make sure to dry the area thoroughly.**



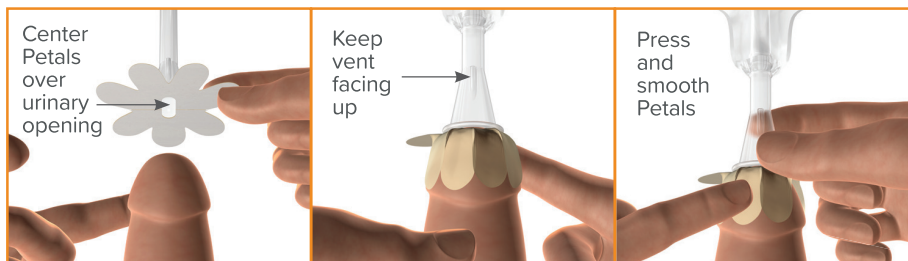
## 2. Wipe & Dry

Wipe the head of the penis with BioPlus™ wipe. Allow 30 seconds to 1 minute for the area to dry completely. Ensure the skin is dry all around and no longer tacky.



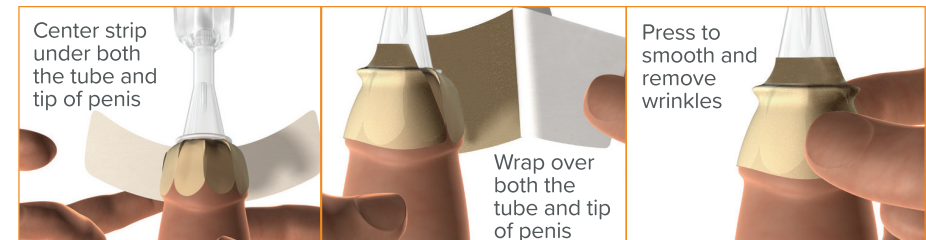
## 3. Positioning & Application

Position Men's Liberty so that the vent is facing up. Align the center opening of the circular tube and petals with your urinary opening (meatus). Remove release papers around the petals and attach the adhesive petals to the tip of the penis with the center opening directly in line with the urinary opening. Smooth down petals.



## 4. Secure & Seal

Position the adhesive seal under the tip of the penis and center in the middle. Remove the adhesive backing and ensure the edge is over both the end of the clear circular tube and the tip of the penis. Wrap the seal around each side, making sure it is flat and wrinkle free. Use your fingers to push the ridges and grooves so there are no air pockets. Press and hold for 10-15 seconds to secure the seal.



## 5. Removal

Men's Liberty can be removed by soaking the seal with warm water or a wet washcloth until it is milky white and rolls gently from the skin. FreeDerm® is recommended to remove Men's Liberty. **TO USE:** Spray the edge of the adhesive, lifting gently from the skin as you go. Continue to spray under the adhesive until completely removed. **Never pull or tear from the skin.**

Product is not reusable and could cause product malfunction or risk of infection if reused. Once removed, dispose of in a trash can.



SCAN ME

**If you have any questions, call us.**  
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**For Overnight Use** Unplug the bottom of the Men's Liberty pouch and connect your bedside bag. Hang the bed bag from your bed frame. Keep below the bladder or bed to ensure drainage. Do not twist or kink the tube.



**Extra Capacity** If you are excessively emptying the collection pouch each day, consider trying a leg bag for extra capacity. Visit [www.MyPelvicHealth.co.uk](http://www.MyPelvicHealth.co.uk) or call +44(0) 1923 23 77 95 to order

