



Female

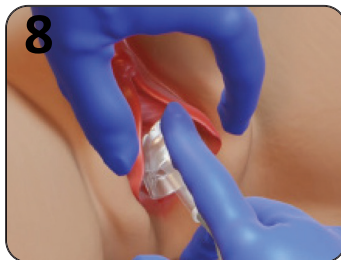
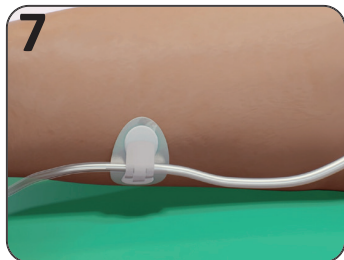
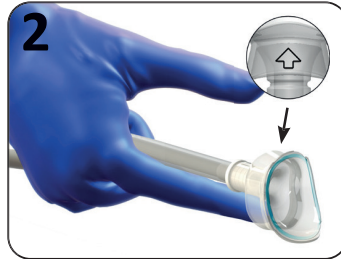
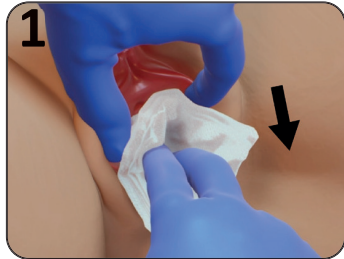
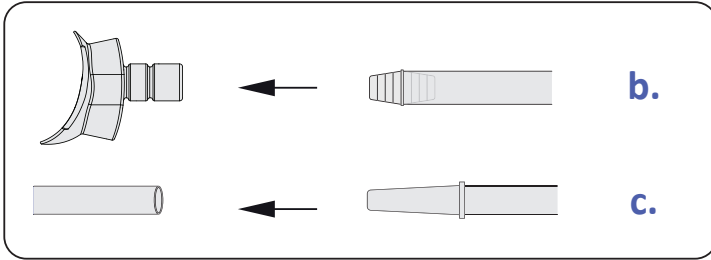
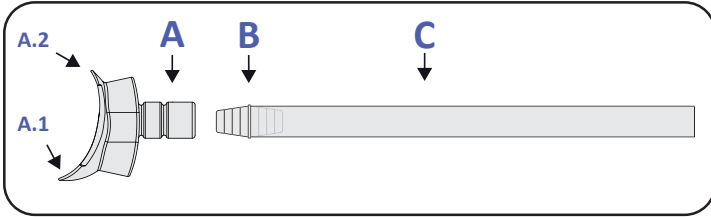
By TillaCare Ltd.

Instructions For Use

For more information and the application movie:



www.MyPelvicHealth.co.uk



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Instructions For Use

General Information

UriCap Female is a non-invasive, single-use pouch, designed for adult women who experience urinary incontinence. UriCap Female connects to a standard urinary drainage container. The UriCap Female is applied to the periurethral area. The device is designed for urine specimen collection and output monitoring while preventing urine exposure to the skin. It is beneficial to maintain dry skin at night. UriCap Female should be changed daily.

Indications For Use

The UriCap Female is a conduit for urine collection via a pouch and tubing into a gravity drainage collection container. The device is intended for use in urine specimen collection and output monitoring. UriCap Female is intended for use on women ages 18 or older. It is indicated for women experiencing urinary incontinence and mobility limitations (e.g., bedbound, chairbound). UriCap Female should be applied by a trained person. A consultation with a physician or registered nurse is recommended and may be required.

The Product

The UriCap Female parts are the (a) Pouch, made of medical-grade silicone, and (b) Connector with Extension Tube.

A – UriCap Female Pouch

A.1 - Note the longer, lower lip of the UriCap

A.2 - Note the shorter, upper lip of the UriCap indicated with an arrow

B – Connector

C – Extension Tube

Additional supplies not pictured:

D – Urine Bag with Tubing

E – Securement Device

Assembly

a. Open all packaging and assemble the parts into one piece.

b. Attach the UriCap Female pouch (A) to the Connector (B) of the Extension Tube (C).

c. Attach the open end of Extension Tube (C) to a urine bag tubing.

- Ensure that the UriCap (A) and the Connector (B) are tightly connected with no gap.
- Ensure that the Extension Tube (C) and Urine Bag Tubing (D) are tightly connected.
- Ensure that there are no kinks in the Extension Tube (C) and the Urine Bag Tubing (D).

Application

1. Clean and rinse the periurethral and vulvae areas thoroughly from top to bottom, leaving any remaining moisture on skin.

2. Place a small amount of water-based lubricant around the edges of the UriCap Female pouch (A). Proper holding position is important: See the recommended holding position image. The UriCap has a longer, lower lip (A.1) and shorter, upper lip (A.2) marked with an arrow. To hold, place the Extension Tube into the palm of the dominant hand, palm upward. Insert your index finger behind the longer, lower lip of the device. Close the hand around the tubing. Keep the palm upward.

3. With the patient lying down and legs spread apart, use your non-dominant hand to widely spread open the inner and outer labia so the pouch can be in full contact with the area. Use your dominant hand to apply the UriCap Female longer, lower lip (A.1) to the vaginal opening. Do not apply the shorter, upper lip (A.2) yet.

4. Place your thumb into the space behind the shorter, upper lip (A.2) and gently push toward the body. Ensure that the device makes full contact with the periurethral skin. Hold for 5 to 10 seconds to ensure adherence. Never insert the UriCap into the vaginal opening. While holding the device, inspect the inner labia to ensure the skin folds are not trapped under the device. If labial folds are trapped under the device, the device will not adhere.

5. Do not remove the dominant hand holding the UriCap in place. Use your non-dominant hand to close the inner and outer labia around the UriCap Female. Release your dominant hand. Then, release non-dominant hand.

6. Close the legs and position the patient in a comfortable position.

7. Secure the Extension Tube (C) to the inner thigh using a Securement Device (E):

- Connect the Securement Device (E) around the tubing. Follow securement device instructions.
- Ensure that there is sufficient slack in the tubing so that the patient can move the legs without tugging or pulling the device.

The patient should remain in a lying position for at least an hour before position change.

UK & Ireland Exclusive Sales Distribution:

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Always remember

- When lying or sitting down, the urine bag tubing should be under/behind the bend of the knee to avoid pressure from the tube on the leg.
- Always check the device position after turning the patient or after a change of position (sitting up and laying down).
- Change the location of the urine bag before changing the patient's position.
- The urine bag should always be below the urethra level and beside the bed/chair.

Removal

8. Spread apart the outer and inner labia. Gently peel from the top of the device downward and remove or use thumb and index finger to locate the device, then squeeze to release the seal.

Caution: Do not pull the device straight out. Pulling on the device may cause discomfort and damage to the tissues.

Replacement

Change the UriCap Female Pouch (A) every 24 hours. The Connector (B) and Extension Tube (C) may be changed together with the bag.

When only changing the UriCap Female pouch (A), disconnect Connector (B) and Extension Tube (C) from the UriCap. Do not remove the Connector (B) from the Extension Tube. Do not contaminate the extension tube during the change. Connect a new UriCap Female pouch (A) to the existing Connector (B) and Extension Tube (C). Repeat steps 1 to 7.

Cautionary notes

- Do not use oil or silicon-based lubricants.
- Keep away from children.
- Do not connect to an external suction source.

Possible undesirable side effects

The following possible side effects may occur and should be monitored: Pain, itching, rash, irritation, chafing, pressure ulcer.

If side effects occur, discontinue the use of the device and consult a healthcare provider.

Before reapplying the device ensure that side effects have been fully resolved.

Contraindications

- UriCap should not be used on patients sensitive or allergic to silicone.
- If the patient has vaginal discharge, itch, inflammation, or skin condition consult a healthcare provider prior to device use.
- The device is not suitable for women with urinary retention.
- The device is not suitable for women with pelvic prolapse (stage 2 and up).

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Quick Reference Guide

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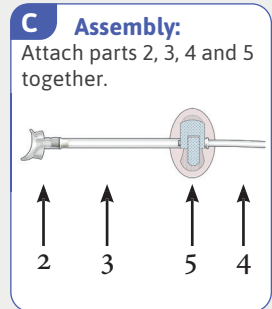
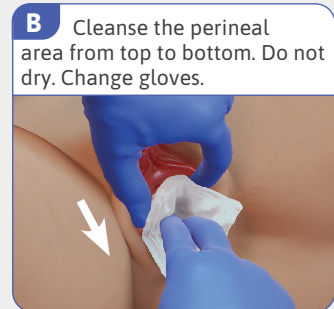
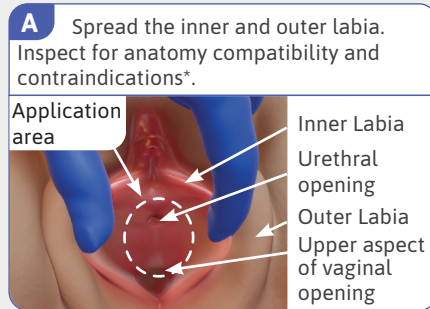
For the application video and additional guidance, go to: www.MyPelvicHealth.co.uk



Preparation

Required supplies:

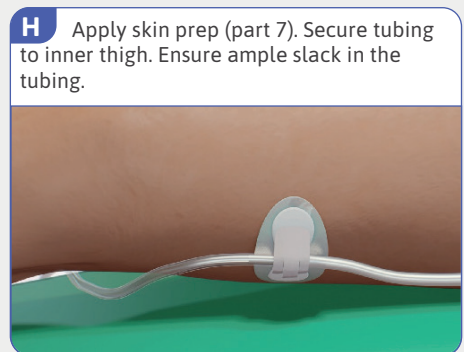
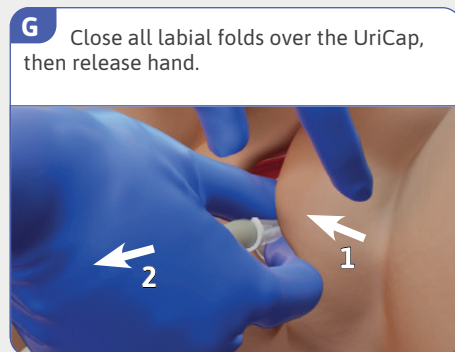
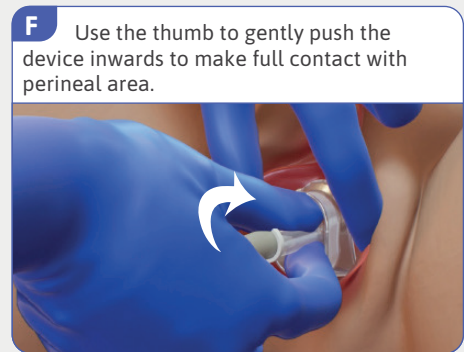
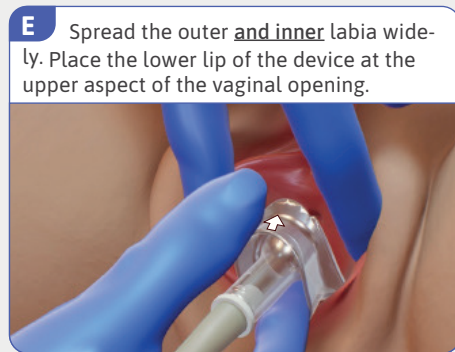
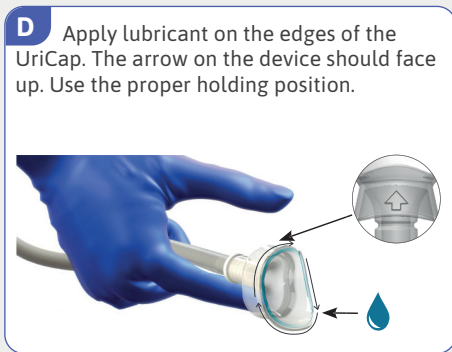
1. Cleansing supplies
 2. UriCap Female
 3. Extension tube
 4. Urine bag
 5. Tubing securement device
 6. Water based lubricant
 7. Skin preparation pad
- **No suction required**



Application



* Do not use the UriCap If the patient has vaginal discharge, itch, inflammation, sores, redness, bleeding, skin condition, pelvic prolapse (stage 2 and up) or silicone allergy.

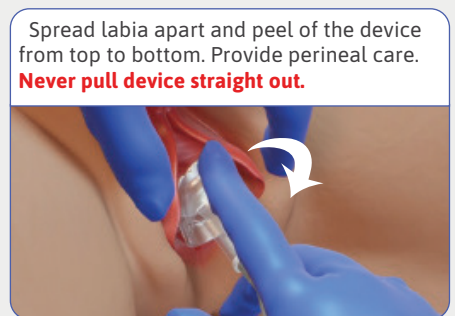


Removal

I Pointers

Remain in a lying position for at least an hour before position change.

Avoid opening the labia after the application as it may break the seal.



Always review the Instructions for Use (IFU) including indications, contraindications, warnings, precautions. Follow facility policy when using the UriCap Female.

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UK & Ireland Distribution:

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