

# BioDerm XLS (Oval) Instructions for Use

www.MyPelvicHealth.co.uk  
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Follow these steps for proper application:

## Review Contents

- Familiarize yourself with the products to the right and review the application instructions (see reverse side) before applying.
- Make sure you have a **non-moisturizing** bar soap like Ivory or Simple Pure at home - do not use liquid soap.



- Consider using a penile clamp if you think you may experience leaking during application, you are uncircumcised or have retraction.
- Watch the application instruction video at [MyPelvicHealth.co.uk](http://MyPelvicHealth.co.uk)

NHS Codes: 20026-10 (10 Pack) | 20026-4 (4 Pack)

## Preparation



BioPlus+™ Prep Wipe

**Don't Run Out!**  
Call your distributor to  
place a re-order when  
you have 10 units or  
less.

## Application

< Adhesive Petals

## Removal



FreeDerm®  
Adhesive Remover

One size fits most  
incontinence patients

We recommend you change the Men's Liberty once a day. Do not wear for more than 48 hours without applying a new unit.

Some men prefer to wear a leg strap, leg band or boxer briefs over the bag to help secure it to their leg.

Using Men's Liberty with a diaper or other absorbent products may increase your risk of skin irritation or infection. If redness or irritation occurs, discontinue use and consult your healthcare professional.

Any serious incident while using the device should be reported to the manufacturer and competent authority.

## Contraindications:

**Absolute** (When the product should not be used at all)

- Demonstrated sensitivity to hydrocolloid (rare)
- Anatomic abnormality (severe acquired hypospadias, urethral fistula, penile shaft erosions)
- Cannot retract foreskin to expose head

**Relative** (When the product can be used after healing)

- Unhealed wound at application site (wait to heal)
- Active rash at application site (wait to heal)
- Active inflammation or infection of the glans, prepuce or urethra (wait to heal)
- Purulent or bloody urethral discharge (wait to heal)

**Men's Liberty**

LC-CEUK-IFU-23046-01 A  
PART# 23046-10/23046-4

Distributed in the UK by



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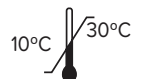
**bravida**  
medical



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NOT MADE  
WITH  
NATURAL  
RUBBER  
LATEX

# Instructions for Use



**Your First Few Days** As a result of using diapers or condom catheters, your skin may have a lot of moisture. Men's Liberty will soak up extra moisture until your skin returns to a normal balance. It can take up to three consecutive applications for you to get a full 24-hour wear time. Always reapply another Men's Liberty right away if one falls off. We suggest that first time users stay home the first 24 hours to ensure that Men's Liberty is applied correctly and no leaks occur. It may take up to a full week of wear-time until you are comfortable wearing Men's Liberty.

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## 1. Wash & Dry

Begin by washing the head of the penis with a non-moisturizing bar soap like Ivory® or Simple®. Dry thoroughly with a cotton or paper towel. Use a penile clamp to prevent leaking during washing if necessary. Make sure to dry the area thoroughly.



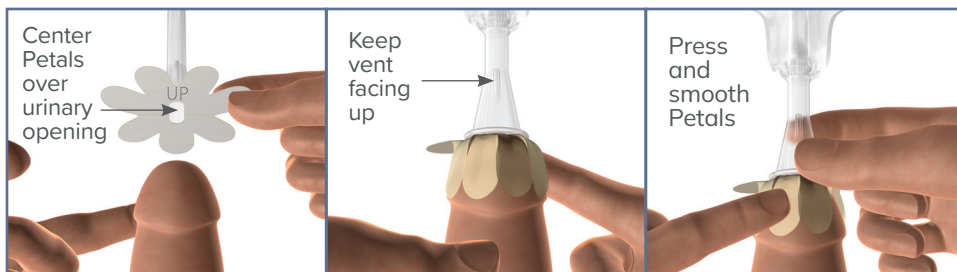
## 2. Wipe & Dry

Wipe the head of the penis with BioPlus+TM wipe. Allow 30 seconds to 1 minute for the area to dry completely. Ensure the skin is dry all around and no longer tacky.



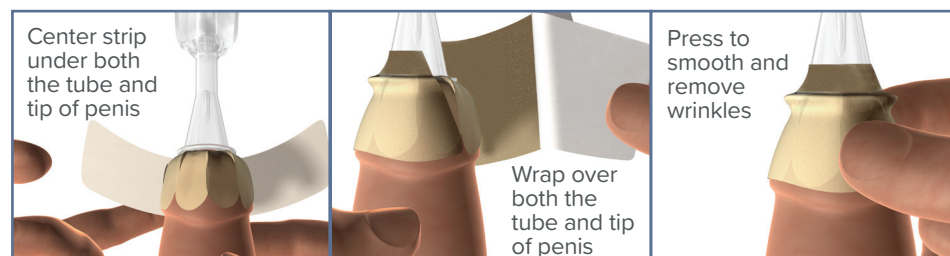
## 3. Positioning & Application

Position Men's Liberty with the vent facing up, as indicated by the printed "UP" on the Faceplate release paper. Align the center opening of the circular tube and petals with your urinary opening (meatus). Remove release papers around the petals and attach the Faceplate to the tip of the penis with the center opening directly in line with the urinary opening. Smooth down petals.



## 4. Secure & Seal

Position the Faceplate Seal under the tip of the penis and center in the middle. Faceplate Seal should cover the Faceplate petals and the base of the housing tube. Wrap the seal around each side, making sure it is flat and wrinkle free. Use your fingers to push the ridges and grooves so there are no air pockets. Press and hold for 10-15 seconds to secure the seal. Allow the foreskin to fall back to its natural position.



## 5. Removal

Men's Liberty can be removed by soaking the seal with warm water or a wet washcloth until it is milky white and rolls gently from the skin. FreeDerm® is recommended to remove Men's Liberty. **TO USE:** Spray the edge of the adhesive, lifting gently from the skin as you go. Continue to spray under the adhesive until completely removed.

**Never pull or tear from the skin.**

Product is not reusable and could cause product malfunction or risk of infection if reused. Once removed, dispose of in a trash can.



**If you have any questions, call us.**  
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**For Overnight Use** Unplug the bottom of the Men's Liberty pouch and connect your bedside bag. Hang the bed bag from your bed frame. Keep below the bladder or bed to ensure drainage. Do not twist or kink the tube.



**Extra Capacity** If you are excessively emptying the collection pouch each day, consider trying a leg bag for extra capacity. Visit [www.MyPelvicHealth.co.uk](http://www.MyPelvicHealth.co.uk) or call +44(0) 1923 23 77 95 to order

